

Do something extraordinary this school year!



# Pacific Rim Atom/Pee Wee Hockey Academy

*Academic and Hockey Excellence!*

**Accepting registrations for September 2012**

**Grades 4-5 Atom & 6-7 Pee Wee \$224/month**

*Your academy is top quality instruction the one-on-one attention to the student's individual needs is second to none!*



### **On Ice Development (weekly)**

1 hr - Power Skating & 1 hr - Hockey Skills

### **Off Ice Development (weekly)**

1 hour of Off Ice Conditioning

### **Educational/Theory**

Health & Nutrition Goal Setting & Motivation

### **Building Great Kids**

Special Events and/or Outings

Interpersonal Skill Development

### **Measuring our Success**

Fitness Testing & On Ice Testing

**All sessions @ Pitt Meadows Arenas**

**11435 Bonson Road**

**Taught by certified professional instructors!**

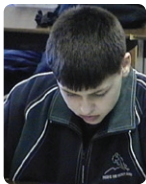
**Pacific Rim Elementary Hockey Academy**

Register online at [www.rpmhockey.com](http://www.rpmhockey.com)

Email: [info@rpmhockey.com](mailto:info@rpmhockey.com)

Office: 604-476-0464





Pacific Rim Hockey Academy (PRHA) has developed a Ministry approved program and curriculum that provides students the opportunity to balance their educational requirements while developing their hockey skills. This program is available for students grades 4-5 & 6-7. PRHA provides personalized instruction that educates and develops students in both the physical and mental aspects required to excel in hockey.

**This hockey academy is offered as a right after school program September 2011 to June 2012**

## Academy Goals:

- » Obtain the highest academic standard possible.
- » Acquire hockey skills to play at the level desired.
- » Develop fitness/wellness levels for hockey & general fitness.
- » Develop interpersonal skills for school, hockey & home life.
- » Develop a strong sense of community.
- » Develop physical/social skills through Leisure opportunities.

**Academy Timetable** The Pacific Rim Elementary Hockey Academy is modeled after the ministry of education approved Secondary Academies. Designed to connect academic excellence with their sport of choice. Good grades must be maintained to attend the elementary hockey academy!

### Pacific Rim Elementary Hockey Academy - Linear - September to June Academy Time Table (example) All activities take place right after school

Type	Monday	Tuesday	Wednesday	Thursday
On Ice	3:30-4:30pm	3:45-4:45pm	3:30-4:30pm	3:45-4:45pm
Dryland	4:45-5:45pm	5:00-6:00pm	4:45-5:45pm	5:00-6:00pm

**Atom - Grade 4-5 Mondays & Wednesdays**

**Pee Wee - Grade 6-7 Tuesdays & Thursdays**

\*Special Events and classroom sessions run during the above times

Mondays & Tuesdays - Certified Power Skating

Wednesdays & Thursdays - Puck/Hockey Skills & tactical

**All sessions offered at Pitt Meadows Arenas**

## Benefits to the Students:

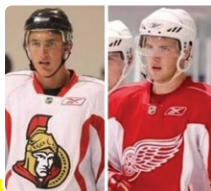
- » Obtain a strong connection with Academics and Hockey
- » Participate in a technical hockey skills development program
- » Improve Health & Wellness specific to hockey and general fitness
- » Develop life skills » Participate in Recreational Activities

## The choice of parents & players for 28 years!

The success of the hockey academy can be measured in several ways students are getting **improved grades**, many have gone on to **post secondary education** and others have gone on to play hockey beyond the minor system, including

**Junior Hockey, College and Professional.**

**Recent Alumni Patrick Weircoch - Ottawa and Willie Coetzee - Detroit**



### Testimonials:

*My son is having an excellent year and its all because of the hockey academy!*

*We are very pleased with the academy, our son, has improved tremendously, and he has gained more confidence.*

*My son's hockey skills increased significantly by year end he was the best player on his hockey team.*

*My daughter loves it, the academy is much more than I expected.*